Eppler Express NOVEMBER





| Monday, November 7 | Thursday, November 10 |
|------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------|
| Chess Club Meeting 3:00 - 4:00 pm Media Center First Marking Period Grades Sent Electronically to Parents SCHOOL REPORT CARD CARD | Homework Club, Media Center @ 2:55-3:55 pm |
| Tuesday, November 8 | Friday, November 11 |
| No School for Students | • None |
| Wednesday, November 9 | Saturday, November 12 |
| Eppler Student Advisory Board (ESAB) Meeting 3:05 pm - 4:05 pm Room 122 Science Olympiad Meeting 3:00 pm Room 125 | • None |

Eppler Chieftain Code of Conduct Chieftains are ... Respectful Responsible Reasonable

What's Inside:

What's Happening this Week at Eppler

Upcoming Activities



Additional Information:

- Sports Information
- Updated
- Eppler Highlights
- <u>School News & Information</u>
- Counseling Information
- Educational Camps/Enrichment /

Activities/Community Ed

- Reward Programs
- UHS Athletics Boosters

Important Websites and Resources:

- Eppler Website
- Eppler Express
- Exam Review Guides
- Summer Educational Opportunities
- Student Handbook
- UCS District Website
- Report Bullying
- PowerSchool Portal / Information
- 22-23 School-Year Calendar
- UCS Tech Talk

School News & Information

Vision and Mission Statements

Our Vision Statement: Eppler Junior High School, in partnership with our community, will empower students to achieve their full potential and become productive contributors in a diverse society.

Eppler Junior High School Mission Statement: The Eppler community will collaborate to foster a safe, respectful, and inclusive learning environment that will inspire growth, excellence, and achievement.

Eppler Friends Helping Families



Dear Chieftain Family and Friends,

In the past, the Eppler Chieftain family has generously supported many worthwhile charitable causes, especially during the holidays. We, as a community, have championed the endeavors of the United States Marine Corps' *Toys for Tots* program, the Shelby Township Lions Club's *Township Food Basket/Canned Food Drive* program, Bright Side Dental's *Candy for Soldiers* program, Hamlin Pub's *Hamlin Holiday/Adopt A Family* program, as well as offered support to families in need within our own community. During the trying times we find ourselves in, most of these programs are operating at limited capacity, and we will still support them as we are able. However, we have also determined that we would again like to focus on our families in need right here at Eppler.

To borrow a title for this program from a neighboring school community, we will embark on our *Friends Helping Families* program once again this year, and will continue to make it one of our annual community projects. We are asking that you partner with us to support our own families who may be struggling. I know, yes, I absolutely know, how caring and generous this community is, and know we can, together, make a difference!!

We are asking that you, should you want to be involved, purchase gift cards in any amount, from stores such as Meijer, Target, Walmart, Kroger, other grocery stores, local gas stations, etc., and any gift card will be graciously accepted! Please indicate the amount of the gift card you are donating. Gift cards in the \$10 - \$25 range seem to work best to spread this blessing to all our families in need. Please send in your donation to Eppler, or drop it off at the school, by Wednesday, December 14, 2022.

If you find your family needing a little extra help this holiday season, please contact one of our wonderful school counselors, who will confidentially add your name to our list, and make arrangements with you. Our counselors can be contacted at marla.ostrom@uticak12.org (Counselor for students with last names A-K), and autumn.blanchard@uticak12.org (Counselor for students with last names L-Z).

I am thanking you in advance, with the greatest of confidence, for your generous support of our Eppler Chieftain families who may be struggling this holiday season.

You may send in your donation with your child OR drop off your donation at the school between the hours of 8:00 am and 3:30 pm, Monday through Friday, until Wednesday, December 14, 2022, OR mail to the school at Eppler Junior High School, 45461 Brownell, Utica, MI, 48317, Attn: Ms. Marla Ostrom.

I again genuinely and warmly thank you!! Be well! Be safe! Be healthy! Be happy!! And enjoy the blessings of this holiday season!!

Jerry

Toys for Tots—NEW

NJHS and Student Council is collecting toys for Toys 4 Tots. The mission of the U. S. Marine Corps Reserve Toys for Tots Program is to collect new, unwrapped toys each year, and distribute those toys as Christmas gifts to less fortunate children in the community. Last year we were able to donate 70 toys. We would like to try and double that at the very least this year. This will be a 6th hour competition. The 6th hour class who brings in the most toys will earn a class prize.

You can start bringing in toys on Monday, November 7. The last day for turn in is Friday, December 9. Please send toys that are new & unopened (but not gift wrapped!) to room 132 or your 6th hour class. Make sure you put a sticky note on the toy with their 6th hour teacher's last name on it when turning into Mrs. Gleason so she can keep track of 6th hour scores!

Any questions, please contact Mrs. Gleason. Thank you!



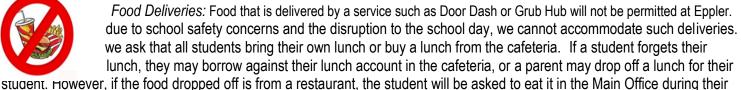
Report Cards

During November, Eppler Junior High School will distribute reports cards electronically. The first marking period grades will be sent electronically to families at the end of the day on Monday, November 7, 2022.

To receive the report cards, parents will need to have a secure PowerSchool account. Parents who do not have access to a PowerSchool account will need to register for one prior to Tuesday, November 1, 2022. The report cards will then be automatically e-mailed to the address that is used to register the PowerSchool account. If you already have a PowerSchool account, you do not need to take any further action. The report card will be automatically sent to you.

Please note: If you have a child in elementary school, those report cards will be issued at the end of the day on Thursday, November 17, 2022, after scheduled parent-teacher conferences.

Lunch Deliveries



lunch hour. Coffee, smoothies, and outside breakfast brought in the school in the morning must be consumed before going into first hour. This is the practice that takes place at the high school level and Eppler is aligning with Utica High in order to provide consistent expectations for our students. If you would like to apply for the free or reduced lunch program, or to establish a lunch account for your child, please click here.

Thank you for your understanding and we appreciate your support.

Dress Code Rules - REMINDER

Dress code:

Please address the following dress code items with your child:

- Hoods/hats are not to be worn in the building.
- Clothing must not show bare mid-drifts, shoulders, cut too low or any derogatory or drug/alcohol messages.

Student Drop-off after 8:00am

Parents, please be aware that there is often no need to come into the building when you are dropping off your child at school if they are late or after an appointment. The only reasons we will require you to come into the building are if you are picking up your child, for which you will need ID, or if you are dropping off anything for your child, which we ask that you label for their pick-up. Other than that, please feel free to stay in your warm and dry vehicle (on cold and rainy days) and enjoy whatever you may be listening to from your playlist! Thank you!!

Parent Student Handbooks

Please use the following link to access the Parent and Student Handbooks for the 2022-2023 school year. Please note that there are separate handbooks for Grades 7-8, and Grades 9-12. Please see the updated attendance policies on pages 3-6 in the Grades 7-8 Handbook, and pages 2-7 in the Grades 9-12 Handbook.

http://utica.ss9.sharpschool.com/handbook

Lost and Found

Eppler Lost and Found - Before replacing your student's lost item, ask your child to check the <u>Lost and Found Table</u> across from the Counseling Office.

Items not picked up by December 21st will be donated to a local resale store.





Chieftain Pride Donation Program

NO BUYING! NO SELLING! NO HASSLE!

100% of your donation directly benefits our school!

100% Tax Deductible

Eppler Student(s):

Donor Name: _____

Donation Amount:

PLEASE MAKE CHECKS PAYABLE TO: EPPLER JUNIOR HIGH

All money received is used to benefit students in a variety of ways to purchase resources to provide every child an excellent education experience.

THANK YOU FOR YOUR GENEROUS SUPPORT!!

Thank you to those families that have donated! You are truly appreciated!!



EPPLER JUNIOR HIGH SCHOOL DAILY SCHEDULE

1ST HOUR 8:00 – 8:58

2ND HOUR 9:04 - 10:00

3RD HOUR 10:06 - 11:02

4TH HOUR 11:08 – 12:47

A Lunch 11:08 – 11:39 Lunch

11:45 – 12:47 Class

B Lunch 11:08 – 11:39 Class

11:45 - 12:10 Lunch

12:16 - 12:47 Class

<u>C Lunch</u> 11:08 – 12:10 Class

12:16 – 12:47 Lunch

5TH HOUR 12:53 – 1:49

6TH HOUR 1:55 – 2:51

EXAM DAY SCHEDULE

1ST EXAM 8:00 – 9:28 2ND EXAM 9:34 – 11:02

BE PROMPT!



Eppler Junior High School

CELL PHONE/DEVICE POLICY

Throughout Entire Building at All Times, Including Before and After School

NO Pictures

NO Phone Calls

NO Texting

NO Social Media

***This includes Kik, Snapchat, Instagram, and ALL others

During School hours 8:00 - 2:51pm

Cell Phones/Electronic Devices must be placed in lockers for the entire school day and may not be used during the school day for <u>ANY REASON</u>.

Cell Phones/Electronic Devices <u>ARE NOT</u> allowed to be taken out of lockers during the school day, except for early release or permission from administration.

Cell Phones/Electronic Devices **ARE NOT** allowed in the lunchroom.

If you are found breaking Cell Phone/Device policy, your phone/device will be confiscated and brought to main office.

| 1 st Time | | | |
|----------------------|----------------------------------|---------------------------------|---------------------------------|
| • Taken to | • Taken to | • Taken to | • Taken to |
| Office | Office | Office | Office |
| • Parent must | Parent must | Parent must | Parent must |
| pick up | pick up | pick up | pick up |
| | After-School | Saturday | One-Day |
| | Detention | School | Suspension |
| | | | • Phone |
| | | | banned from |
| | | | building |

Note: Eppler Junior High and UCS assume NO responsibility for theft, loss or damage of your device.

The student assumes full responsibility and brings the device at their own risk.

Updated Student ID's Rules

Student IDs:

Since all of our students have now had their pictures taken, it is <u>required</u> that they wear their ID on a lanyard during school hours. The lanyard is to be around their neck, not under a shirt or in a backpack. If your child needs a new lanyard, please have them stop in at the main office to get one. Starting the week of September 20th, there will be random ID checks made.



ID BADGES ARE TO BE WORN IN SCHOOL - ALL DAY - EVERY DAY

BELOW ARE THE CONSEQUENCES FOR NOT WEARING YOUR ID BADGE:

\$5 ID REPLACEMENT

6 TIMES WITHOUT ID = \$5 ID REPLACEMENT

9 TIMES WITHOUT ID = \$5 ID REPLACEMENT & SATURDAY SCHOOL

12 TIMES WITHOUT ID = \$5 ID REPLACEMENT & SATURDAY SCHOOL

15 TIMES WITHOUT ID = \$5 REPLACEMENT & SUSPENSION

if you are caught not wearing your badge in school 6 or more times, another badge will automatically be <u>printed</u> and a \$5 fee will be placed on your student account to be paid.

(EVEN IF YOU ALREADY HAVE A BADGE)

The barcode on the ID will be linked to your child's lunch account so the ID will be scanned when purchasing items using an account.

Eppler Clubs & Organizations

NJHS - Planet Green Fundraiser



Thank you to all who have donated to Planet Green! We have raised over \$400 over the last couple of years by recycling used ink cartridges and electronics! Planet Green is no longer accepting used electronics. They are only accepting ink cartridges. Please continue to send those into Mrs. Byron in room 19! Thank you!

NJHS is doing a yearlong fundraiser with Planet Green. Please send in Inkjet cartridges (NO toner or laser cartridges) to room 19. NJHS sends them to Planet Green, and then Planet Green sends Eppler a check! This fundraiser helps the environment and our school! NJHS members can receive one hour for every 5 items, but everybody is encouraged to participate!

NJHS Current 9th grade by invitation only

NJHS Students, please see below for meeting dates. You are required to attend EITHER the morning meeting or the afternoon meeting. If for some reason there is a conflict with the meeting date, please make sure to talk to Mrs. Gleason in room 132 OR email her as soon as possible at scarlet.gleason@uticak12.org. Sports practices are not an excused absence.

*Please note: NJHS is for current 9th grade students who were invited in the spring of last year. Current 8th graders & 9th graders who are eligible for NJHS will be invited to apply in January of 2023.

Wednesday: November 2, 2022 7:30am or 3:00pm in the media center Wednesday: Dec 7, 2022 7:30am or 3:00pm in the media center Wednesday January 11, 2023 7:30am or 3:00pm in the media center Reminder: 8 hours due by January 31, 2023 Wednesday March 1, 2023 7:30am or 3:00pm in the media center

Wednesday: May 3, 2023 7:30am or 3:00pm in the media center Induction: Spring TBD

Eppler Parent Involvement Committee (EPIC)

The following is a list of dates and times of the Eppler Parent Involvement Committee (EPIC) meeting throughout the school year. All parents are invited and welcome to attend. All meetings will be held in the Media Center from 9:05 am – 10:00 am. We look forward to seeing you!

Monday, September 26 @ 9:05 am Tuesday, October 25 @ 9:05 am Tuesday, November 15 @ 9:05 am Monday, December 12 @ 9:05 am Tuesday, January 24 @ 9:05 am

Monday, February 27 @ 9:05 am
Wednesday, March 22 @ 9:05 am
Tuesday, April 25 @ 9:05 am
Wednesday, May 24 @ 9:05 am

ESAB



Tuesday, October 11 Wednesday, November 9 Tuesday, December 6 Tuesday, January 10 Tuesday, February 7 Tuesday, March 7 Wednesday, April 12 Wednesday, May 10

Meetings will be held at 3:05 pm in Room 122

2023 Eppler Junior High Yearbook Order Form

Now is the time to order your yearbook! All orders must be place directly through Jostens, go to <u>JOSTENSYEARBOOKS.COM</u>/
Order yours by *March 1, 2023*

School Store

Don't leave your feet in the cold!

Chieftain socks are now available at the Chieftain Corner Store.

Socks are \$12.00, while supplies last.



WDE -

MODERT OF BYPE

Life Skills Accepting Donations

Mrs. Rumel needs your help!! The life skills class is gladly accepting donations of the more common used supplies the class. Donations can be dropped off to the school, please be sure to put **Life Skills** or Mrs. Rumel's name on the donation. We just kindly ask that the items are not expired or opened and are nut free.

Below are the most commonly used items in our class:

| Sugar (white or brown) | Marshmallows (large and mini) |
|-------------------------------------------------------|-----------------------------------------------------|
| Rice Krispy cereal | Non-stick cooking spray |
| Butter | Flour |
| Cake Mixes | Brownie Mixes |
| Frosting | Spaghetti Sauce |
| Pizza Sauce | Chocolate Chips (white, dark, milk, cinnamon, etc.) |
| INSTANT pudding (Chocolate is most commonly used) | Oreos |
| ANY disinfectant cleaners for kitchens without bleach | Aluminum Foil |
| Vegetable/Canola oil | Sandwich and gallon baggies |
| Paper Plates or cups or silverware | Kleenex |
| Dish Soap | Hand soap |

EPPLER JUNIOR HIGH

AFTER-SCHOOL HOMEWORK CLUB

At Eppler Junior High School, we want to help your child have a successful school year. The Homework Club will be available on **Tuesdays and Thursdays** from 2:55 PM to 3:55 PM in the Eppler Media Center. Students can use this time to get academic assistance, complete assignments, work on projects, and/or study for tests. A few high school tutors are usually available. Students can ask the teacher in charge if there are tutors available that day.

Each student should bring all necessary materials and books to the media center by 2:55 PM. Please be advised that if a student comes to Homework Club with nothing to work on, he/she will not be admitted to Homework Club that day. All students will be expected to remain in the Media Center until 3:55 PM. Students will need to sign in each day that they participate. Students need to arrange for their own transportation home.

If you would like your child to be able to attend Homework Club, please complete the bottom portion of this form and have your child bring it with him/her the first time they attend Homework Club (only one slip is needed, and the student may come as often as they like for the school year). Phone calls and other notes will not be accepted in place of this signed permission slip.

If you have any questions regarding Homework Club, please contact your child's school counselor (Last names A-K: Marla.Ostrom@uticak12.org / Last names L-Z: Autumn.Blanchard@uticak12.org).



EPPLER HOMEWORK CLUB PERMISSION SLIP



| My child, (please print) | , grade | e, has my j | permission to partici- |
|-----------------------------------------------------------------------|-------------------------------------|-----------------------|---------------------------|
| pate in Homework Club. I understa | and that it is my responsibility to | provide transportat | ion for my child at the |
| end of the session. My child under | stands that it is his/her responsi | bility to arrive on t | time, to bring all nec- |
| essary materials to the Media Cen | ter, and to be prepared to work. | My child also und | erstands that Eppler |
| Junior High school rules apply and | will be enforced. Misbehavior ca | n lead to dismissal | from being a |
| participant in the Homework Club. will contact my child's school coun | O , | r want to verify my | y student's attendance, I |
| Parent/Guardian Signature: | | Date: | |
| Student Signature: | | | |

Chess Club



Chess Club is up and running! Meetings are held every Monday in the media center from 3—4 PM.

See Mrs. Byron, room 19 for more details.

Student Council

Student Council is sponsoring Fun Friday Spirit Days! Every month we will have a new theme.

6th hour teachers will tally home may students participate for each grade and a prize will be awarded at the end of the semester! For the month of November, we will be going back in time through the decades. The decade is your choice but remember the dress code still applies.



Eppler Booster Club

We need you!! Please help!!

The Eppler Athletics Boosters are looking for a few good volunteers! Unfortunately, if we do not get any volunteers, we will have to shut down the group. The boosters have been an integral part of many improvements at the school - water filling stations, providing needed equipment for teams, gym decor update, end of season pizza parties for all teams, just to name a few. Most importantly, we are also in need of a

parent or couple of parents that can be responsible for the concession stands at the home games.

If you are interested in either please contact Mr. Paul at eric.paul@uticak12.org

JOIN THE BOOSTER CLUB

Science Olympiad -NEW

Calling all Science Fans!!!

Mrs. Markus is looking for students interested in joining Science Olympiad!! First Meeting will be Wednesday, November 9, 2022 at 3:00 pm in Room 125



Exploring the World of Science

Eppler & Utica H.S. Sports

Remind Account

If you are interested in <u>TRYING OUT</u> for a winter sport... Join the Eppler Sports Remind account.

-7th Boys Basketball -8th Boys Basketball -7th Girls Basketball -8th Girls Basketball

-7th & 8th Competitive Cheer

Send a text to: 81010

UHS Boys Freshmen Basketball



Utica High School Boys Basketball Freshmen Tryouts

Tryout Sign-up: Please use the following Microsoft Forms QR code to sign up if you intend on trying out



Prerequisites

- Eligibility (June 2022 final grades and current)
- Physical on File 2022-23 sport physical requirements: A valid 2022-23 physical examination must be completed on or after April 15, 2022.

Boys Basketball Tryout Schedule

Freshmen (Grade 9 ONLY) *All 9th graders please bring a copy of your 1th Quarter grades from PowerSchool*

November 21st 4:30 pm – 6:30 pm Main Gym (meet in cafeteria at 4:15 pm)

November 22nd 4:30 pm – 6:30 pm Main Gym (meet in cafeteria at 4:15 pm)

*November 23nd 4:30 pm – 6:30 pm Main Gym *If needed, coach's discretion

****All athletes will enter Utica High School through Door #5 for tryouts****

Please know that these dates and times for tryouts are subject to change based on rulings from the MHSAA and Utica Community Schools

Contact the Varsity Boys Basketball Coach Dave Hinkle if you have any follow-up questions at david.hinkle@uticak12.org



UTICA GIRLS BASKETBALL TRYOUT

WHO: All girls interested in trying out for Utica's Girls' basketball teams- Varsity -JV & Freshman

WHAT: Tryouts - must have physical to tryout

WHEN: Monday, Nov 14 & Tuesday, Nov 15

WHERE: Varsity - Main Gym JV & 9th - North Aux

TIME: Varsity 2:30 - 5:00 JV & 9th 3:30 - 5:30

Email Coach McDonald thomas.mcdonald@uticak12.org with

any questions you might have

Eppler 7th and 8th Grade Boys Basketball

Try-outs will be both Monday, November 14th and Tuesday November 15th. In the main gym.

Boys MUST have a current physical form on file in the school office to try out. Anyone without a physical will be turned away until the office receives the form.

| 7th Gra | de | 8th Gra | de |
|---------------------|-----------|---------------------|--------|
| Monday 11/14 | 5-7 pm | Monday 11/14 | 3-5 pm |
| Tuesday 11/15 | 3-5 pm | Tuesday 11/15 | 3-5 pm |

1/8 GRADE WRESTLING TEAM

STARTS NOVEMBER 14TH

NO EXPERIENCE NEEDED

JUST NEED SPORT PHYSICAL ON FILE WITH OFFICE

OPEN TO BOYS AND GIRLS

- CLUB SPORT
- PRACTICE TWO EVENINGS A WEEK.
- COMPETITIONS START LATER SO YOU WILL BE PREPARED

INFO PACKET IN MAIN OFFICE

WWW.UTICAWRESTLING.COM

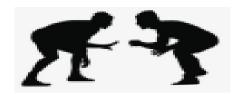
CONTACT COACH DAVIS
CLINTON.DAVIS@UTICAK12.ORG
OR MESSAGE ME ON TEAMS

9TH GRADE WRESTLING

EARN A VARSITY LETTER

NO EXPERIENCE NEEDED

M.A.C. CHAMPS 2020 AND 2021 WILL YOU BE A PART OF 2023 SUCCESS?



OPEN TO BOYS AND GIRLS (HAS OWN DIVISION)

STARTS NOVEMBER 14TH

3:15 PM UTICA HIGH SCHOOL WRESTLING ROOM

CONTACT COACH DAVIS
CLINTON.DAVIS@UTICAKIZ.ORG
OR MESSAGE ME ON TEAMS

MUST HAVE PHYSICAL FILE

WWW.UTICAWRESTLING.COM

Utica High Competitive Cheer



Registration for the Utica High 2022-2023
Competitive Cheer Season at Utica High is open.
Tryouts for 9th graders will be on November 7th
at Utica High School.

2022-2023 Utica Competitive Cheer Registration (google.com)

If you have any questions, please see Coach Micinski in Room 114.

Eppler Competitive Cheer

Eppler Competitive Cheer Team

Parent Meeting: November 7th 6:30 pm in the Media Center

Tryouts November 14th from 3:00—5:00 pm

AND November 15th from 5:00 –7:00 pm in the Aux Gym

Interested athletes please use the link below to register:

Eppler Competitive Cheer Interest Form







UTICA WRESTLING CLUB

OPEN TO K-8 BOYS AND GIRLS

YOUTH WRESTLING 22/23 REGISTRATION

NO EXPERIENCE NEEDED!

Instruction, Drilling, and Live Wrestling will prepare athletes for optional weekend tournaments





INFO AND REGISTRATION NIGHT

THURSDAY NOVEMBER 10TH
1PM UTICA HIGH WRESTLING ROOM (DOOR 11)

COME ANYTIME DURING TIMEFRAME

CASH OR CHECK MADE OUT TO "UTICA WRESTLING CLUB" IF YOU PRE-REGISTERED BRING CASH OR CHECK TO FIRST PRACTICE.

Meet the coaches and get details about the season, tournaments, practice, and answer any questions. If you would like to pre-register go to www.uticawrestling.com

PRACTICE DAYS/TIMES: (FIRST PRACTICE NOV 16TH)

MON/WED (SEE FULL CALENDAR ON WEBSITE FOR ADJUSTMENTS)

- K-GRADE 3 (5:45-6:30)
- GRADE 4 GRADE 8 (6:45 8)
- NOV MARCH

Contact: Coach Davis uticawrestling@gmail.com

Eppler Highlights

Pink Out

















PowerSchool/Naviance/Text Messaging Service

PowerSchool- Click here to go to the district's PowerSchool website

Parent Portal Access through PowerSchool

PowerSchool is the district's student information system used for scheduling, attendance, grades, and delivery of report cards. Please find more information below on how to create and access your Parent Portal Account.

To login, visit: http://ps.ucs.misd.net/public

Due to an update to PowerSchool, parents who had a PowerSchool account prior to August 2, 2022 must reset their password to login. Please follow these directions to update your password.

Below are useful documents for you to reference and take full advantage of PowerSchool:

Parents: Create a Parent Portal Account

Helpful Tips for our PowerSchool Parent Portal: Click here for info on how to reset your password.

PowerSchool Mobile App:

- 1. Download the PowerSchool Parent App through your device's GooglePlay or Apple App Store.
- 2. Enter the UCS district code: NKDJ (all capitalized)
- 3. When logging in through your mobile app, you will use the same username/password that you use to login through your desktop.

Questions? Contact your home school to help with your PowerSchool questions.

Text Messaging Service

Utica Community Schools Text Messaging Service

Utica Community Schools offers a texting service for parents.

The service allows parents to receive important information such as school closings, safety alerts, school reminders and more, directly from their school(s) on a mobile device.

Newly enrolled UCS parents will receive a text message from the district that reads:

"Utica Community Schools messages. Reply Y to confirm, HELP 4 info. Msg&data rates may apply. Msg freq varies. schoolmessenger.com/tm"

To receive the free* text messages, simply reply "Y" or "Yes" to the message.

Even if you have not received a UCS message to join, parents may opt in by texting "Y" or "Yes" to the short code 67587.

Parents may opt out at any time by replying "Stop" to one of the messages.

*Terms and Conditions: Message frequency varies. Standard message and data rates may apply.

Reply HELP for help. Text STOP to cancel. Mobile carriers are not liable for delayed or undelivered messages. See schoolmessenger.com/bt for more info.





Naviance

Utica Community Schools has partnered with Naviance to provide a variety of tools for achievement through academic, career and college planning. These tools are located in Naviance Student, a website for students and families to access online resources, communicate with school staff and work on college and career readiness activities with your school and family.

<u>Click here</u> for the updated parent brochure with more information and step-by-step instructions.

Subscribe to Eppler Calendar Alerts

To subscribe to email alerts for the Eppler calendar:

Go to the **Eppler calendar**

Click on the subscribe to email alerts icon → Select the type of alert wanted

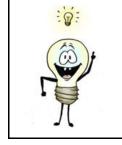


Upcoming Activities

Back to Menu

Click here to view the 2022-2023 District Calendar

| Monday, November 14 | Thursday, November 17 |
|-----------------------------------------------------|--------------------------------------------|
| Chess Club Meeting 3:00 - 4:00 pm Media Center | Homework Club, Media Center @ 2:55-3:55 pm |
| Basketball Tryouts | |
| | |
| | |
| Tuesday Navanskay 45 | Friday Navambar 40 |
| Tuesday, November 15 | Friday, November 18 |
| EPIC Meeting Media Center Conference Room 9:05 am - | Student Council Spirit Day: Lions Day |
| 10:00am | |
| Homework Club, Media Center @ 2:55-3:55 pm | |
| Tiomework club, Media Center & 2.55-5.55 pm | |
| Wednesday, November 16 | Saturday, November 19 |
| Treamesady, November 10 | Saturday, November 13 |
| None | None |
| | |
| | Sunday, November 20 |
| | None |
| | |



Did You Know ...

Don't miss out on important school information. <u>Click here</u> to sign up for School Messenger!

FREE Online Tutoring

Do you need one-on-one help with your homework?

To access the free tutoring:

- On your ClassLink dashboard, select **Virtual Library Card Tutor.com** (the orange icon with the letter "t" on it).
 - You will need your PowerSchool number to log in. You can email your counselor to ask for your PowerSchool number (Marla.Ostrom@UticaK12.org or Autumn.Blanchard@UticaK12.org). To log in:
 - Barcode: ucs######### (ucs followed by PowerSchool number)
 - Your password is your 2-digit birth month and 2-digit birth day (example 0408 for April 8)
 - Choose GET A TUTOR NOW. If you want a short tutorial on how the site works, you can select Take the tour.



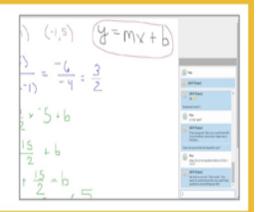
CONNECT WITH A TUTOR

Connect to a tutor quickly and easily. Select your topic, subject and grade level. Then, to get the best tutor for your problem, type out your question and, if you have a file or picture, attach it to your request.

02

CHAT WITH YOUR TUTOR

Use our online classroom to chat with your tutor and share your work on the whiteboard. You and the tutor can draw, type, paste images and use graph paper on the interactive whiteboard.



03

District News

We are pleased to share with you the calendars for the next two school years. To view the calendars, please see this link:

http://uticak12.org/ucscalendaroverview.

Clinton River Watershed Council (CRWC)



The Clinton River Watershed Council (CRWC) is a non-profit organization dedicated to protecting, enhancing and celebrating the Clinton River, its watershed and Lake St. Clair. They provide residents, schools, governments, businesses and other community groups with wide-ranging programs and events to ensure a healthy Clinton River Watershed for us all. Please see attached link to participate in a watershed survey.

https://docs.google.com/forms/d/146M_OwNhCHc2fQZcAPgnsvtl93aBU8hVBJAo_ijn8hY/viewform?edit_requested=true

CARE

What students and parents are saving...

"The counselor was wonderful...very interested in helping to place my son where he should be. Thanks!!"

"The yelling has stopped and the talking has started."

"CARE is very responsive to the needs of the clients and I think it is a very good agency. I would one day like to work for CARE."

Resources:

Macomb County Crisis Center: 586-948-0222

National Suicide Prevention LIFELINE: 800-273-TALK (8255)

Alateen/Alanon Family Groups: 800-813-3105

Affirmations (L.G.B.T.Q.): 248-398-7105

Family Youth Interventions/Youth Shelter: 586-485-1212

Polson Control Center: 800-222-1222C

Macomb County Office of Substance Abuse (MCOSA): 586-469-5278

Substance Abuse Prevention websites

www.mcosa.net www.abovetheinfluence.com www.thetruth.com www.drugabuse.gov

CORUMNICHIGAN MICHIGAN

Main Office 31900 Utica Road Fraser, Michigan 48026

586.541.CARE (2273) www.careofsem.com



SCAN HERE TO KNOW MORE ABOUT US

Our mission is to strengthen resiliency in people and their communities through prevention, education, and services that improve the quality of life. Since 1977, CARE of Southeastern Michigan has been a leader in substance use prevention and recovery services in Macomb County. An accredited and awardwinning behavioral health nonprofit rooted in the community. CARE provides real-life solutions from early childhood to adulthood so we can live healthler lives.

CARE of Southeastern Michigan is funded by Macomb County Community Mental Health Office of Substance Abuse, Macomb County school districts state federal and other private deliars.

Recipients of substance abuse services have rights protected by state and federal law and promulgated rules. For information, contact CARE of Southaastern Michigan Recipient Rights Advisor, 31900 Utica Road, Fraser, MI 48026, (596) 541-2273 or State Recipient Rights Coordinator, P.O. Box 30664, Lansing, Michigan 48099



STUDENT ASSISTANCE



CARE invests in youth by working with the community, school personnel and parents to promotethe healthy development and education of young people.





CARE's Student Assistance

- Does your child/student have difficulties at school or in other social settings?
- Have you noticed a change in your child's/student's behaviors and/or attitudes?
- Are you concerned that your child/ student may be using alcohol or other drugs?

CARE of Southeastern Michigan understands the struggles that families are facing today. Despite all efforts, when a family is in crisis because of substance use or social and emotional health concerns, there is a greater likelihood that a young person will experience difficulties. Student Assistance offers students and their families guidance and support.

Student Assistance Clinicians specialize in atrisk issues such as substance abuse and mental health problems. A qualified Clinician will conduct initial screenings and assessments to determine the extent of a student's problems and provide resources to best help the student and their family. Students and families will receive assistance in gaining access to the most appropriate service for their area of concern.

Youth and Family Programs

Visit www.careofsem.com for locations, times, and dates for all programs.

Peaceful Alternatives to Tough Situations (PATTS):

An educational series to help youth deal with their emotions in appropriate ways by understanding their own resources and developing their own plan of action with skills that really work!

* Parent participation required

Teen Intervene:

Power of Drugs and Alcohol is a series designed to provide education, support and guidance to teens that have experienced mild to moderate use of alcohol or other drugs. This program also offers parents and guardians the opportunity to learn healthy communication skills and the importance of establishing family rules regarding alcohol or other drug use.

* Parent participation required

Parent Education Classes:

A series for parents to discuss ways to understand behavior, build self-esteem, increase cooperation and provide discipline that teaches personal responsibility. Groups include early childhood (ages 0-5), school age (ages 6-12) and teens (ages 13-18). A book for the appropriate age group is required.



INDEPTH:

INDEPTH is the American Lung Association's Intervention for Nicotine Dependence: Education, Prevention, Tobacco and Health program. A forward-thinking alternative to suspension or citation for tobacco use, including e-cigarettes, INDEPTH addresses the teen vaping epidemic in a more supportive way. This interactive program teaches students about nicotine dependence, establishing healthy alternatives and making the change to be free of all tobacco products, including e-cigarettes. INDEPTH is led by a trained, CARE facilitator either one-on-one or in a group setting.

Camp CARE:

This program is offered for children/families who have been impacted by alcohol and other drugs by a loved one. Through small group discussions, children, youth and teens learn: You are not alone, identify and process feelings, how to be safe, celebrate themselves, how to handle peer pressure, conflict resolution, making healthy choices, and life skill building.

Teens Talking Truth:

T³ participates in social events, community service opportunities, and workshops that address the challenges of today's youth, with a primary focus on alcohol, tobacco and other drug prevention and a healthy teen lifestyle.
T³ also works to get rid of the myth that all teens require drugs or alcohol to have fun!



UCS Calming Room for Students

Students – Check out and explore the new Virtual Calming Room by UCS. Click the link below, and **then click on the Calming Room icon**. THANK YOU!

It has tons of ways to relax and de-stress before exams (and after):

*Coloring and creativity

*Guided meditation

*Puzzles and games

*Exercise

*Live animal cameras

*Visual relaxation

*Smartphone apps

*Sounds and music

*Mindfulness

*Yoga



UCS Calming Room - Utica Community Schools (uticak12.org)

Check out Monday Moments, COVID-19 Support Services, Macomb Food Program and more at: www.uticak12.org/UCS Wellness



Monthly Theme: Get Courageous Week 6: Stand For Something



"Be a good ancestor. Stand for something bigger than yourself. Add value to the earth during your sojourn." ~ Marian Wright Edelman, Founder and President of the Children's Defense Fund



How might STANDING FOR SOMETHING require you to GET COURAGEOUS?



STAND BY YOU ~ When we have someone STANDING BY US, supporting and encouraging us, we can do amazing things. We all STAND BY each other in different ways. You might be a really good listener. You might be a fantastic encourager. You might be a strong shoulder for someone to lean on. You might always make space on the couch. Have family members make a STAND BY YOU commitment that shows what they will commit to doing to support and STAND BY each other. Have them write down their STAND BY YOU commitments on paper or post-its. Consider starting each statement with "I will STAND BY YOU by..." Display the commitments in a common place to remind each other that they have support, encouragement and unconditional love when needed.





UCS Wellness Podcast

The UCS Wellness team is happy to announce the seventh episode of their podcast series. The team worked with community members to create a podcast regarding different areas of physical, mental, and social health for UCS staff, students, and families. These podcasts are available on the UCS Wellness page. <u>UCS Wellness - Utica Community Schools (uticak12.org)</u>

The seventh podcast in the series is titled "Our Youth and Vaping." Below is a list of the podcasts available on the Wellness page:

- Mental Health with guest, Nancy Buyle
- Grief and the Grieving Process for Children
- Family Communication
- CARE of Southeastern Michigan
- Discussing Dating Violence with Turning Point
- Tackling Tough Topics with the Macomb County Sheriff's Office

Our Youth and Vaping



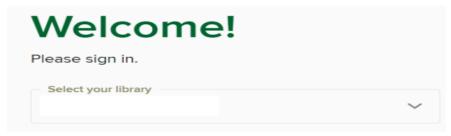
Virtual Library Card

Students and staff can access their Virtual Library account located on their ClassLink dashboard. The Virtual Library Card gives students access to digital resources from the local library and the virtual library card - Tutor.com provides online tutoring and homework help for students.



Student Virtual Library Card

- 1. Click on the Virtual Library Card icon from the ClassLink dashboard.
- 2. Select the library assigned to your homeschool



Enter in your Virtual Library Card number and pin

Virtual Library Card number = UCS followed by the Student PowerSchool Number

PIN = MMDD (birth month and birth day)



| Sterling Heights Library | Shelby Township Library | Utica Public Library | Clinton-Macomb Public Library |
|------------------------------------|----------------------------|----------------------|----------------------------------|
| Bemis | Beacon Tree | Eppler | Beck |
| Browning | Crissman | Flickinger | Ebeling |
| Burr | Duncan | | |
| Collins | Eisenhower | | |
| Davis | Malow | | |
| DeKeyser | Monfort | | |
| Dresden | Morgan | | |
| Graebner | Roberts | | |
| Harvey | Shelby | | |
| Havel | Switzer | | |
| Henry Ford II | Utica High | | |
| Heritage | West Utica | | |
| Jeannette | Wiley | | |
| Messmore | | | |
| Oakbrook | | | |
| Plumbrook | | | |
| Schuchard | | | |
| Schwarzkoff | | | |
| Stevenson | | | |
| UAIS | | | |
| Utica Alternative Learning Center | | | |
| Virtual School (Elementary, Junior | | | |
| High, High School) | | | |

4. Click Sign in



Virtual Library Card – Tutor.com

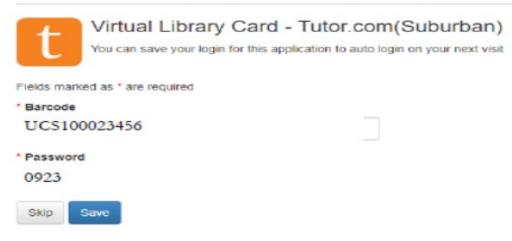
 Click on the Virtual Library Card Tutor.com icon from the ClassLink dashboard.



2. Enter in your Virtual Library Card Tutor.com number and pin

Virtual Library Card Tutor.com number = UCS followed by the Student PowerSchool Number PIN = MMDD (birth month and birth day)

Would you like to save your login?



4. Click Save

Free and Reduced-Priced Meals Application Expire

Last year's free and reduced-price applications expired on Thursday, October 13, 2022.

As required by federal guidelines, students without an approved 2022-2023 Free and Reduced Meal Application on file will pay full price for all breakfast and lunch meals beginning October 14, 2022. Families must fill out a new application form located at https://utica.familyportal.cloud today in order for benefits to continue.

Please direct any questions to Food and Nutrition Services ext. 1180.



How-To Guide for School Meals

SECONDARY



Breakfast

Available to all students every day for \$1.75. Breakfast starts 10-15 minutes before school begins and is served in the cafeteria. Menus are posted on monitors in the cafeteria as well as online at Uticak12.Nutrislice.com or on the Nutrislice app.

Lunch

Lunch will take place in the cafeteria and there are numerous items to choose from. Lunch is \$2.90 for junior highs and \$2.95 for high schools. Menus are posted on monitors in the cafeteria and online at <u>Uticak12.Nutrislice.com</u> or the Nutrislice app.



Payment,

For students to access their account they will scan their student ID at the register. If they have forgotten their ID, they can give the cashier their last name. Free and reduced status are confidential, so students will not know.

You can send in cash or check for meals with your student to deposit at the register, or you can pay via credit card at Littica.FamilyPortal.Cloud - here you can also check your child's account balance, spending habits and apply for free/reduced meals.

How-To Guide for School Meals SECONDARY (continued)

Allergies

Students with allergies must fill out an allergy form and return it to the office and the department of Food Service.

Substitutions cannot be accommodated without this form. Access the form at Uticak12.org/foodservice under the 'Allergen Form' section.



Other Important Info

To apply for free/reduced meals, visit <a href="https://linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com/linear.com

For a meal to be considered free students must take 3 out of 5 components with 1 of them being a fruit or vegetable. A la carte items, such as second entrees, chips, and bottled beverages, are not included in the meal and must be paid for by the student.

Students may charge up to 5 meals that must then be repaid. You can find the UCS charging policy at <u>Uticak12.org/foodservice</u>.

Jeannette Junior High School and Utica Alternative Learning Center are considered CEP or Community Eligibility Provision schools. This means the entire school qualified for no cost meals, but should still complete the Household Income Report (HIR) at <u>Utica.FamilyPortal.Cloud</u> to help the school qualify for federal funding and for parents to qualify for other benefits.



UCS Meals Are Nutritious And Delicious!

- UCS cafeterias offer a wide variety of different food choices to meet your student's needs
- We serve the same <u>brand named</u> products, like Tyson, Land-O-Lakes and Jennie-O, that you do you in your homes
- Meals follow federal guidelines for nutrition
- Meals include a variety of fresh fruit, vegetables, whole grains, low fat meat and dairy as well as low fat and fat free milk
- To qualify for free and reduced meals students must take at least 1/2 cup fruit or vegetable with a meal.
- Breakfast meals include up to 2 grains, up to 2 fruits and a milk. Must take at least 1/2 cup fruit or vegetable with 2 more items to qualify.
- Lunch meals include a grain, meat/meat alternate, vegetable, fruit & milk. Must take 3 out of 5 with one being 1/2 cup fruit or vegetable to qualify.
- We watch our saturated fat and sodium levels to help support our student's health needs
- Visit the Healthy Meals at School page to learn more about meal requirements

"Hey Alexa, what's for lunch?"

UCS's School Menus are digitally accessible on all devices as well as Amazon's Alexa!

<u>Customize</u>, <u>view and print all school menus by clicking here or</u> <u>visiting https://uticak12.nutrislice.com</u>

Family Portal Replacing "Send Money to School"

Attention all families: Sendmoneytoschool.com, the site used to deposit funds to your student's meal account, has been replaced. Please begin using https://utica.familyportal.cloud to deposit funds. If you currently have an account with sendmoneytoschool.com your children will

be moved over to the new account after completing registration.

Please view this video showing how to create an account on the new website: https://utica.familyportal.cloud/tutorials.

This site also contains the link to apply for free and reduced price meals. As a reminder, the USDA subsidized free meal program ended June 30, 2022. Families without an approved free or reduced price meal application will be charged the full meal price next school year. You can apply for the 2022-2023 school year as early as July 1.

How-To Video for School Meals link with your school community: https://youtu.be/ukSHx6zqPro

Enroll New Student

On-Line UCS Registration Form (Important - Please have the documents referenced above ready before you begin this process as they are required to register).

Once you complete the registration, you will receive directions to set up an account through our student management system - PowerSchool Unified Classroom. The email will come from Enrollment@uticak12.org. For help setting up a PowerSchool Unified Classroom, please visit this page for directions on creating a student account.

Art Box Studio



Art Box Studio-Drawing Grades 5th-8th

Strengthen drawing skills and challenge your creativity. A variety of media, such as, graphite, charcoal, ink and more will be introduced. Students encouraged to utilize self-expression. Develop an understanding of line, shape, value, form, perspective and composition. Beginner through Advanced and Returning students are welcome. Bring sketchbook and pencil.

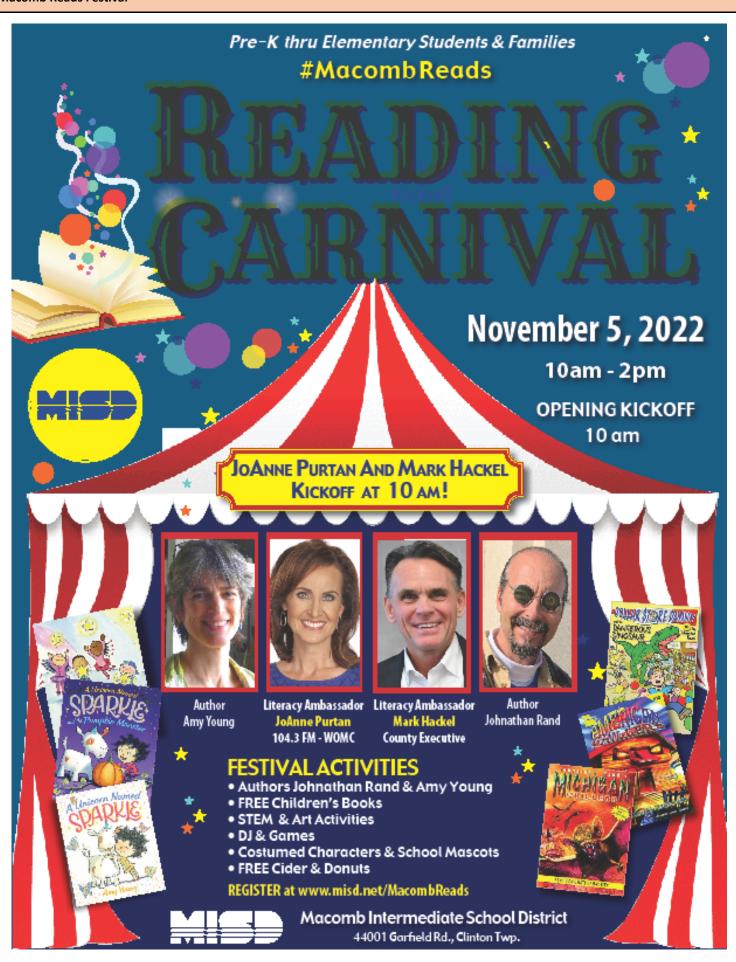
Questions Contact:

communityedquestions@uticak12.org

or ArtBoxStudio4u@gmail.com www.ArtBoxStudioLLC.com

6071-F22A Tues. 9/27-10/25/22 Drawing @ Eppler Jr. High 6:00-7:30pm 6071-F22B Tues. 11/08-12/06/22 Drawing @ Eppler Jr. High 6:00-7:30pm Tuition: \$97 5wks. New Experience each session!!!

Register Online: ucscommunityeducation.ce.eleyo.com or 586-797-6900 UCS Community Education 38901 Dodge Park Sterling Heights, MI 48312



In Case You Missed It

On October 20, 2022 Eppler's film star Maritsa Skowronek was recognized by the UCS Board of Education for her role in the documentary called Chromosomally Enhanced: What's Your Superpower.

The film can be viewed at https://chromosomallyenhancedwhatsyoursuperpower.vhx.tv/

More information on the film can be found at: https://whatisyoursuperpowerfilm.com/







9th Grade Science

Mrs. Heidrich's 9th grade science classes participated in a water balloon toss as part of their unit on Forces and designing safer vehicles





2022-2023 Homecoming Parade

Thank you to all the Eppler groups that participated in the UHS homecoming parade.













Chieftain of the Month

Congrats to our September Chieftains of the Month!! These students were nominated by one or more staff members for practicing the Eppler Code of Conduct. For being responsible, respectful and reasonable, these chieftains receives a pride pin, certificate, chieftain ink pen and pizza lunch with the administrators. Great Job!!

